

Still.... Making Jesus Real!



(Book 2)

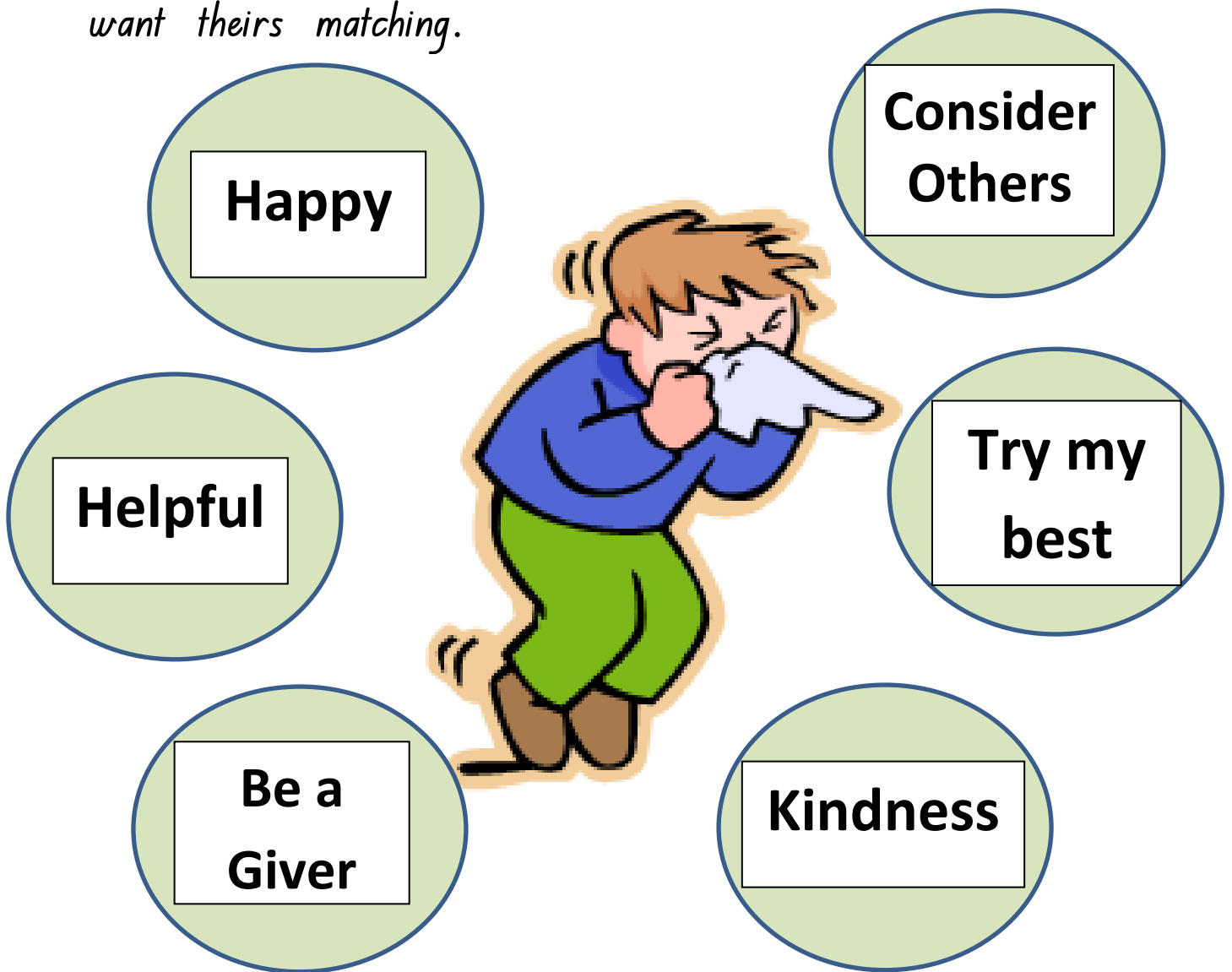
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Based on sayings from the MJR program written and presented by

Peter Mitchell

An attitude is contagious, so make sure yours is worth catching,

Others will see the happiness you feel and they will want theirs matching.



Live this through your actions - through what you say and what you do,

Everyone will think it's great - they'll want to do it too!

*Your attitude can be compared to a motor in a car,
And if you have a good one, you will go far!*



*You will need to maintain it - to make sure it's
'running well',*

*Others will admire you - they'll think that you are
swell!*

Happiness comes from inside of you - it's not something that you 'get',

It comes from being positive and trying to do your best.



Especially if you make right choices all throughout your day,

Showing MJR to others while you work, rest and play.

*A negative attitude will only drag you down,
You'll feel unhappy and angry – your face will show
a frown.*



*No one likes a 'grumpy bear' - they make us feel
all tense,*

*So try to be a Happy Chappy - you'll see it makes
more sense.*

So if a problem comes your way whether at home or at school,

Think it through calmly - try to relax - stay cool!



Build a bridge and get over it, will be what they say,

Forgive and forget and move on with your day.

To learn to take the good with the bad,
To try to stay calm when you feel angry or sad.



To accept the hard times even though it feels rough,
Will help you get through when the going gets tough.

Being a giver, not a taker, is so special can't you see?

If you learn to think of others, a happier person you will be.



Don't give them something expensive that you've bought from a shop,

Try a gift from the heart because they'll think that's tops!

Giving a wave to someone - saying 'good morning' or 'hello',

Can also give that heartfelt gift to others don't you know.



To begin or end each day in the right frame of mind,

Gives the special gift of 'kindness' to others you will find.

*Teamwork is another gift that we can give to others,
Helping out our teachers and friends, our fathers and
our mothers.*



*It's something that we can do, each and every day,
To be helpful and kind in a very special way.*

When 'teamwork makes the dream work' it creates a special feeling,

Our teachers and our mums and dads will find it quite appealing.



It makes a huge, big job seem so much less,

And we show MJR values through our helpfulness.

*Trying to make MJR part of your everyday life,
Is easy and important - it will keep you out of
strife.*



*So pass it on to everyone - your friends and
family,*

*You'll see the good it will create - a better world
for you and me!*

Be the difference
you want to see
in the world!

